

Herbs and Spices

There is often confusion about the difference between herbs and spices. The following information from Iowa State University explains:

“Herbs are obtained from the leaves of herbaceous (non-woody) plants. They are used for savory purposes in cooking and some have medicinal value. Herbs often are used in larger amounts than spices. Herbs originated from temperate climates such as Italy, France and England. Herb also is a word used to define any herbaceous plant that dies down at the end of the growing season.

Spices are obtained from roots, flowers, fruits, seeds or bark. Spices are native to warm tropical climates and can be woody or herbaceous plants. Spices often are more potent and stronger flavored than herbs; as a result they typically are used in smaller amounts. Some spices are used not only to add taste, but also as a preservative.”



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What You Need To Know For Water Conservation:



Help You Harvest a Water Wise Landscape

On the Cover

The ripe fruit of a Lodi Apple makes an inviting image. Use of plants that produce fruits not only provides the landscape with beauty, but here grows produce and herbs.

Water Wise Trees that can be harvested:



Santa Rosa Plum
Prunus salicina
'Santa Rosa'



Lodi Apple
Malus x domestica
'Lodi'



Autum Brilliance
Serviceberry
Amelanchier x Grandiflora
'Autumn Brilliance'



Canadian Red
Chokecherry

Water Wise Shrubs and Berries that can be harvested:



Red Lake Currant
Ribes rubrum
'Red Lake'



Himrod Grape
Vitis 'Himrod'



Western Sandcherry
(fall foliage)
Prunus besseyi



Blackberry
Thornless



Pixwell Currant
Ribes Hirtellum
'Pixwell'



Pink Panda
Strawberries
Fragaria x ananassa
'Frel'

Water Wise Herbs that can be harvested:



Woolly Tyme
Thymus pseudolanuginosus



Salvia
'May Night'



Lavender
Lavandula angustifolia



Sage
Perovskia

Harvest a Landscape Design:

Some people love to design their landscape so they not only enjoy their landscape visually, but through varied scents, textures and colors. This can be a rewarding experience to gather fruit from your own back yard and enjoy some fresh plums, apples or berries throughout the day.